

## Faculty Caring Teacher Award 2024/25

**Dr Anita CHAN Kit Wa**

**Department of Social Sciences and Policy Studies**



*Dr Anita CHAN Kit Wa (left) receives the Faculty Caring Teacher Award from Professor LI Wai Keung, Dean(LASS).*

Dr Anita CHAN Kit Wa has been with The Education University of Hong Kong since 2005. She is currently an Associate Professor and the Associate Head of the Department of Social Sciences and Policy Studies. Over the past twenty years, she has been deeply involved in teaching and supervising students at various levels, from higher diploma, undergraduate, postgraduate, to doctoral levels. Among the many courses she has developed and taught, Gender & Society, Love, Intimacy and Families, and Qualitative Research Methods are particularly popular. Her teaching is deeply informed by her disciplinary training in sociology and gender studies, and she is dedicated to nurturing critical, concerned, and caring citizens.

Dr Chan believes that education is not merely about transmitting knowledge, but also about cultivating students' intellectual curiosity, social awareness and ethical reflections. She regards students as active learners and co-creators of knowledge, and her courses are designed to foster dialogue, self-reflection, and respect for diverse perspectives. She always strives to create a safe and inclusive classroom where students

feel comfortable questioning assumptions, engaging in meaningful discussions, and connecting their personal experiences with broader social issues.

In her courses, Dr Chan utilises different teaching methods to engage students, including everyday examples, multimedia resources, field visits, and guest speakers. She also shares her own experiences, challenges, and insights to help students become authentic and reflective knowledge-makers. She continually redesigns her course contents and assignments to meet the diverse needs of students, reflecting her ongoing commitment to excellence and care in teaching.

Central to Dr Chan's teaching approach is her genuine care for her students' academic growth, emotional well-being, and personal development. She is known for providing detailed and constructive feedback, which helps students improve their writing, sharpen their thinking, and gain confidence in their learning journeys. Her students often describe her as inspiring, patient, and passionate, and many have shared how her teaching has transformed their understanding of themselves and the world around them.

Dr Chan received the Excellence in Teaching Award in 2010. Reflecting on receiving the Caring Teacher Award in her 20th year at EdUHK, she humbly and warmly notes, "I am immensely touched by this recognition, but more importantly, the greatest reward is knowing that my students feel cared for, inspired, and empowered to make a difference. That, to me, is the most important part of this vocation."

## Certificate of Merit

**Dr Claudia WONG Ming Yu**  
**Department of Health and Physical Education**



*Dr Claudia WONG Ming Yu (left) receives the Certificate of Merit of Faculty Caring Teacher Award from Professor LI Wai Keung, Dean(LASS).*

Dr Claudia WONG Ming Yu, as an Assistant Professor in the Department of Health and Physical Education at EdUHK, is also the Programme Leader of the Bachelor of Science (Honours) in Sports Science and Coaching. She is dedicated to nurturing students' holistic development through Life, Positive, and Values Education (LPVE) and pastoral care. Her philosophy, inspired by Martin Seligman's vision of positive psychology, emphasises fostering self-awareness, resilience, and self-compassion to cultivate well-rounded individuals. She views students as mature learners, encouraging self-exploration and reflection through a supportive environment grounded in values like perseverance, respect, and compassion. She believes extending the role beyond instruction, therefore serves as a facilitator, guiding students to connect with their inner selves and build meaningful interpersonal relationships.

As programme leader for the Bachelor of Science (Honours) in Sports Science and Coaching since July 2024, Claudia has enriched the curriculum by integrating applied psychology and securing opportunities

like coach instructor courses, SEN school visits, and psychology seminars. She has also initiated assemblies for 145 students to foster a sense of community and introduced a programme-specific uniform to enhance pride and a sense of belonging. As Assistant Warden for a residential hall of nearly 500 students, she manages to offer the Hall Life Education Framework with workshops on mindfulness, art therapy, and focusing therapy, to support students' mental well-being, particularly during their transition to university life. Her leadership in two Mindful Self-Compassion Programs has equipped students with evidence-based tools to navigate personal challenges, while my mentorship in the Si-tu Scheme SAO has empowered students to develop educational and psychological skills. These efforts reflect her commitment to fostering compassionate and resilient communities, empowering students to thrive academically and personally while making meaningful contributions to society.